

## Biblical Transformation of your Heart and Mind

How often will God ask you to make a decision that goes against His Word?

NEVER, NEVER, NEVER!

- I. Three things to help us hear the Lord better
  - a. Quick to hear.
  - b. Slow to speak.
  - c. Slow to anger.
- II. Three things Jesus offers.
  - A. Jesus offers physical healing.
    1. We need to understand the need.
    2. We need to go beyond the understanding of the need.
  - B. We need to choose healing over hurt.
    1. Loss of income
    2. Leaving their friends
    3. Not being able to lean on others
    4. We would rather complain
    5. Not done seething in our anger
    6. Want to hold a grudge because it's easier than forgiving
  - C. Jesus offers emotional healing
    1. Jesus challenges us to have hope
- III. Jesus offers spiritual healing.
  - A. Sin has consequences
  - B. the truth is we are affected - often tragically - by our sinful choices.
  - C. Good news... remember what Jesus ultimately wants to give us today.  
Forgiveness. A fresh start. Spiritual healing.

It is Christ who is to be exalted, not our feelings.